

FLORIDA KEYS HEALTHY START COALITION

TurnKey Writing Solutions
Nonprofit of the Month
October 2021



Who is Florida Keys Healthy Start Coalition?

Founded in 1992, the Florida Keys Healthy Start Coalition unites people and resources to improve the health and well-being of pregnant women, children, and their families in Monroe County. They serve over 75% of the babies born in the Keys each year and support families of all economic backgrounds. Their main goal is to ensure babies are born healthy to prepared parents so that every child has a healthy start in life and continues to develop to their full potential.

What makes them unique?

Florida Keys Healthy Start Coalition team members follow families from when they first discover they are pregnant until their child reaches kindergarten, and often beyond. They view each pregnancy as a 9-month opportunity to work with pregnant women and children to ensure health before, during, and after pregnancy. Their programs are designed specifically for the expressed needs of mothers and babies in Monroe County.

Their Programs

Along with physical and mental health during pregnancy and a baby's first few years, their programs assist with care coordination and case management. They provide education and equipment addressing vehicle and bike safety, safe sleep practices, home environment, and poison safety. They facilitate family health and education workshops, developmental playgroups, and parent support groups and provide nutrition support and baby supplies such as diapers, strollers, formula, and baby food. They also provide support to parents and families who have experienced the loss of a pregnancy, baby, or child. This year they will be training community-based doulas and lactation counselors to further assist pregnant women and their families.

How Can You Help?

Florida Keys Healthy Start Coalition welcomes contributions to Amazon Wish Lists that benefit mothers, babies, and families with baby essentials as well as donations to their programs.

To learn more or to support their work, visit:
www.keyshealthystart.org

73,397
DIAPERS

SUPPLIED TO STRUGGLING
FAMILIES LAST YEAR

206

HOURS OF ONE-ON-ONE
COUNSELING SESSIONS WITH
OUR MENTAL HEALTH
PROFESSIONAL IN 2020/2021

124

CAR SEATS PROVIDED AT NO
COST IN 2020/2021 TO HELP
KEEP CHILDREN SAFE